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## PRESS RELEASE

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September 22<sup>nd</sup>, 2025

For Immediate Release

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# Free Virtual Event Empowers Parkinson's Patients and Families to Rebuild Life After Hospitalization

**Sacramento, CA — September 22<sup>nd</sup>, 2025** — Thousands of families in California face overwhelming challenges when a loved one undergoes Deep Brain Stimulation (DBS) surgery or is discharged from the hospital after a Parkinson's-related hospital stay. Without clear guidance, patients may face setbacks that threaten independence, health, and quality of life.

To address these challenges, Lou Basinal of **Age In Place Sacramento**, in collaboration with the deep brain stimulation support group teams of **UC Davis, Sutter Health, Dignity Health, and Kaiser Permanente**, is offering a **FREE virtual educational event**.

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Event Title: **Rebuilding Life After the Hospital: Life-Enhancing Path to Independence & Recovery**

Date & Time: Thursday, October 16, 2025, at 10:00 a.m.

Location: Virtual via Zoom

Registration: By phone: 916-302-3028. By email: [LouB@AgeInPlaceSacramento.com](mailto:LouB@AgeInPlaceSacramento.com)



***“Our mission is to ensure no family navigates this transition alone,” said Lou Basinal, Chief Caregiving Officer of Age In Place Sacramento. “This event provides tools, strategies, and hope so families can confidently guide their loved ones toward recovery and independence.”***

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This 60-minute interactive session is designed for individuals living with Parkinson’s disease, essential tremor, and other movement disorders, as well as their families and caregivers. Attendees will learn actionable strategies to recover successfully, prevent complications, and reduce caregiver stress while building a sustainable plan for long-term independence.

### **Why This Event Is Important**

According to the Parkinson’s Foundation, nearly **90,000 Americans are diagnosed with Parkinson’s each year**, and many will eventually consider advanced treatments like DBS surgery. The transition from hospital to home can be overwhelming and is often a critical point where preventable complications occur.

### **Key Takeaways for Participants**

- Step-by-step strategies for a smooth and safe transition home after hospitalization or DBS surgery.
- Simple home safety adjustments to prevent falls and injuries.
- Tips to reduce caregiver stress and avoid burnout.

- A free downloadable workbook with a **30-day personalized action plan**.
- Access to ongoing local support groups and resources.

## Who Should Attend

- Individuals living with Parkinson's or other movement disorders.
- Families considering or recovering from DBS surgery.
- Caregivers and home health professionals seeking proven strategies and support.

**Registration:** The event is free and open to the public but registration is required



Register by phone or email	<a href="mailto:LouB@AgeInPlaceSacramento.com">LouB@AgeInPlaceSacramento.com</a>	Call 916-302-3028
<p><b>Age In Place Sacramento</b> delivers high-quality, luxury home care and specialized support for families navigating aging, chronic illness, and recovery. With a focus on <b>personalized, disease-specific care</b>, their Parkinson's and movement disorder programs empower clients and caregivers through every stage of the journey — promoting independence, dignity, and peace of mind.</p>		